

## Face Everything And Rise Newsletter

Charity No: 1196975



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#### **FEAR UPDATE**

As you may know, in July 2022, Sport England granted FEAR £10,000 to run monthly swimming events, across England, for individuals who receive Home artificial nutrition or long-term IV treatments.

As a result, from July'22 - July'23, we were able to host a 28 events across England. In total, 2,182 people have joined us at our FEAR events over the past year... a figure we are very proud of!!

But it doesn't stop there... Because this week Sport England have agreed to continue their funding for another year! We are currently booking dates in the diary, so please keep an eye on our website for more information

#### **UPCOMING EVENTS**



We have a number of exciting events coming up, including a 'Christmas take over' at Camberley Leisure Centre. If you'd like to find out more, or would like to register your place, please visit our website: <a href="https://www.faceeverything.co.uk">www.faceeverything.co.uk</a>



#### **NOVEMBER**

4th November Swim Event (4:30-6:30pm)

The Triangle - Triangle Way, Burgess Hill, West Sussex RH15 8WA

11th November
Swim Event (3-5pm)
Rotherham - Effingham St, Rotherham
S65 1BL



#### **DECEMBER**

**2nd December** 

Swim Event (2:30-4:30pm)

London Aquatic Centre - Queen Elizabeth Olympic Park E20 2ZQ



Camberley Leisure Centre - GU15 3QH

Swimming, Soft Play, Clip'n'Climb, Santa, Gymnastics & Bouncy
Castle

29th December Swim Event (2-4pm) Romsey Rapids - Romsey SO51 8AF



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# FEAR DRYSUITS

Since launching our FEAR Drysuits (Feb'22), we have lent out a total of 78 Drysuits so far. Children and adults between the ages of 18 months old and 80 years are now enjoying the water again...









#### THE DIFFERENCE YOUR DONATIONS HAVE MADE...

Harley had a paddleboarding birthday party with his friends





Dulcie went swimming while on her 'make a wish' Holiday in Disney Land Paris



Aeisha has been wearing her Drysuit in Jamaica and has been swimming with Dolphins



Arley continue to compete and is beating his PBs

THANK

#### **BIG THANK YOU**

To NEC UK, Hendy Foundation, Sport England, Air Control Industries and Places Leisure for recently making a large donation towards FEAR and sponsoring a number of FEAR Drysuits. Thank you



















#### **FEAR AWARD**

At FEAR, we understand just how important it is to recognise achievements! ... That's why we've introduced the FEAR Award

Award criteria: For children and adults who receive artificial nutrition or long term IV treatments. Also includes Family members, carers or nurses. Someone you feel should be recognised for their achievement or work! No matter how big or small that may be- every achievement deserves to be recognised!

**How to nominate?** Simply fill in the form on the website, and at the end of the month we will announce the recipient!

#### **AUGUST**

**Karen** - Nominated by her daughter for conquering her FEAR of flying and for getting her legs wet in the sea for the very first time. Well Done Karen!



**Paul** - For going on his first Holiday with TPN, only 9 months after major surgery. Well Done Paul!







### DO YOU KNOW SOMEONE YOU'D LIKE TO NOMINATE FOR A FEAR AWARD?

#### **CONTACT US**





#### **OUR NEW SWIM INSTRUCTORS ARE EMILY & TASH**

Website: www.faceeverything.co.uk

Kim: kim@faceeverything.co.uk

Charity email: fear@faceeverything.co.uk



# Thank

for continuing to support Face **Everything And Rise and enabling** us to continue our events and **FEAR Drysuits.** 



www.faceeverything.co.uk/donate-1







fear@faceeverything.co.uk



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