

FACE EVERYTHING AND RISE

APRIL 2024

OUR FEAR EVENTS

In the lead up to summer, we have FEAR events happening every weekend, and they're booking up fast...

All of our events are family friendly and are suitable for all ages and abilities. The only sports which have an age limit (5years) are our skiing and sailing events.

It doesn't matter whether you've been before, or just want to give it a go for the first time, everyone is welcome to join along!



BOOKING AN EVENT

To join an event, simply visit our website and click the 'FEAR Days' tab. You can then select the activity you would like to join.

We currently have swimming, sailing, skiing and outdoor adventure days available

www.faceeverything.co.uk

EVENTS- MAY AND JUNE

MAY

- 4th** - Skiing (Tamworth) 10:30-1pm
- 18th** - Skiing (Tamworth) 10:30-1pm
- 19th** - Sailing (Birmingham) 10-1pm
- 25th** - Sailing (Portsmouth) 10-1pm
- 25th** - Swimming (Romsey) 4-6pm
- 26th** - Sailing (Sailing) 1-3pm
- 30th** - Sit-Skiing (Tamworth) 10-3:30pm

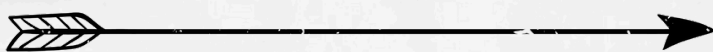


JUNE

- 1st** - Skiing (Tamworth) 10:30-1pm
- 2nd** - Sailing (Birmingham) 10-1pm
- 8th** - Outdoor Adventure (New Forest) 11-5pm
- 9th** - Sailing (Portsmouth) 10-1pm
- 15th** - Sailing (Southampton) 1-3pm
- 22nd** - Swimming (Rotherham) 3-5pm
- 29th** - Swimming (Camberley) 3-5pm



FACE EVERYTHING



& RISE



EVENT INFORMATION



SWIMMING

Our swimming events are suitable for all ages and are family friendly. We have Drysuits available for those needing to protect their central line. Each event is 2 hours long, but you are welcome to swim for as long, or as little, as you want. All the venues have changing places facilities.

SKIING



Whether you've skied before or not, the instructors are fantastic and will have you skiing in no time!

All you need to bring is yourself and warm clothing- all other equipment is included. The lessons are 2.5hours long, but you can have as many breaks as you like. The lessons are exclusive to us and the group sizes are kept small- giving you plenty of time to learn and have fun!

You can book for yourself, your child or the whole family. Children don't need to be supervised unless their parent/carer want's to ski too. The age limit is 5years.

SAILING

Our sailing events are happening in Portsmouth, Southampton, Birmingham & Ipswich. You can book the children in to learn, or book as a family. You will be with a sailing instructor on the water and the minimum age is 5years. Southampton and Ipswich have hoisting facilities. Portsmouth and Birmingham are not yet wheelchair friendly



OUTDOOR ADVENTURE

Our activity days are held at Avon Tyrell in the New Forest. The day starts at 11am - 5pm . The activities include: Archery, Zip wire, Canoeing and Pedlo. You are welcome to join the activities as a family. All activities are accessible for all abilities and needs.



HOW TO BOOK A FEAR EVENT

All of our FEAR events are now listed on the website : www.faceeverything.co.uk

The events are split into 'activity types'

How to book:

- Visit the website, click the 'FEAR days' tab at the top of the page.
- This will take you to a page listing our different activities.
- Click on an activity you're interested in joining (i.e swimming)
- You'll then be directed to a page listing the venues
- Once you choose a venue, you'll then be asked to choose a date, and your group size



This year I've had to make the difficult decision to add a price (per person) to our events, but this still includes 2 hours of activity. The reason for doing so, is because the running costs for each event has increased.

However, I do not want this to be a barrier to entry. So if you are unable to pay, please do not let this stop you from coming! Just send me a quick email about which event you want to come to and I will add you to the list. No questions asked.

